



Athletics PEI Event Specifications

Age Category

9 years Atom

(Boys and girls: Any athlete of 9 years on 31st December in the year of the competition)

10 & 11 Peewee

(Boys and girls: Any athlete of 10 or 11 years on 31st December in the year of the competition)

12 & 13 Bantam

(Boys and girls: Any athlete of 12 or 13 years on 31st December in the year of the competition)

14 & 15 Midget

(Boys and girls: Any athlete of 14 or 15 years on 31st December in the year of the competition)

16 & 17 Youth

(Boys and girls: Any athlete of 16 or 17 years on 31st December in the year of the competition)

18 & 19 Junior

(Men and Women: Any athlete of 18 or 19 years on 31st December in the year of the competition)

20 to 34 Senior

35 & over Masters

(Men and women: Any athlete who has reached his/her 35th birthday)

OUTDOOR EVENTS

	Atom		Pee Wee			Bantam		Midget		Youth		Junior		Senior	
	F	M	F	M		F	M	F	M	F	M	F	M	F	M
60m	+	+	+	+											
80m						X	X								
100m								X	X	X	X	X	X	X	X
150m	+	+	+	+		X	X								
200m								X	X	X	X	X	X	X	X
300m	+	+						X	X						
400m										X	X	X	X	X	X
600m	+	+	+	+											
800m						X	X	X	X	X	X	X	X	X	X
1000m			+	+											
1200m						X	X	X	X						
1500m										X	X	X	X	X	X
2000m								X	X						
3000m										X	X	X	+	X	+
5000m												+	X	+	X
10,000m														+	+
60m H	+	+	+	+											
80m H						X	X	X							
100m H									X	X		X		X	
110m H											X		X		X
200m H						X	X	X	X						
300m H										+	+				
400m H										X	X	X	X	X	X
1500m SC								X	X						
2000m SC										X	X	X	+	+	
3000m SC												+	X	X	X
High Jump	+	+	+	+		X	X	X	X	X	X	X	X	X	X
Standing LJ	+	+	+	+		+	+								
Long Jump	+	+	+	+		X	X	X	X	X	X	X	X	X	X
Triple Jump								X	X	X	X	X	X	X	X
Pole Vault								X	X	X	X	X	X	X	X
Softball	+	+	+	+		+	+								
Shot Put	+	+	+	+		X	X	X	X	X	X	X	X	X	X
Discus	+	+	+	+		X	X	X	X	X	X	X	X	X	X
Javelin	+	+	+	+		X	X	X	X	X	X	X	X	X	X
Hammer						+	+	X	X	X	X	X	X	X	X
Combined	Tet	Tet	Tet	Tet		Tet	Tet	Pent	Pent	Hept	Dec	Hept	Dec	Hept	Dec

Note: X = championship event; + = event also offered in competition

OUTDOOR SPRINT HURDLE EVENTS

Category	Distance	# of Hurdles	Height	To First	Between	Run-In
Pee Wee	60m	5	low	12m	7m	13m
Bantam	80m	8	0.76m / 30"	12m	7.5m	15.5m
Midget Female	80m	8	0.76m / 30"	12m	8m	12m
Midget Male	100m	10	0.84m / 33"	13m	8.5m	10.5m
Youth Female	100m	10	0.76m / 30"	13m	8.5m	10.5m
Youth Male	110m	10	0.91m / 36"	13.72m	9.14m	14.02m
Junior Female	100m	10	0.84m / 33"	13m	8.5m	10.5m
Junior Male	110m	10	0.99m / 39"	13.72m	9.14m	14.02m
Senior Female	100m	10	0.84m / 33"	13m	8.5m	10.5m
Senior Male	110m	10	1.07m / 42"	13.72m	9.14m	14.02m

OUTDOOR LONG HURDLE EVENTS

Category	Distance	# of Hurdles	Height	To First	Between	Run-In
Bantam	200m	5	0.76m / 30"	20m	35m	40m
Midget	200m	5	0.76m / 30"	20m	35m	40m
Youth Female	400m	10	0.76m / 30"	45m	35m	40m
Youth Male	400m	10	0.84m / 33"	45m	35m	40m
Junior Female	400m	10	0.76m / 30"	45m	35m	40m
Junior Male	400m	10	0.91m / 36"	45m	35m	40m
Senior Female	400m	10	0.76m / 30"	45m	35m	40m
Senior Male	400m	10	0.91m / 36"	45m	35m	40m

STEEPLECHASE EVENTS

Category	Distance	# of Hurdles	Height	Note
Midget	1500m	12	0.76m / 30"	No water jump in place
Youth Female	2000m	23	0.76m / 30"	
Youth Male	2000m	23	0.84m / 33"	0.91m/36" also acceptable
Junior Female	2000m	23	0.76m / 30"	
Junior Male	3000m	35	0.91m / 36"	
Senior Female	3000m	35	0.76m / 30"	
Senior Male	3000m	35	0.91m / 36"	

OUTDOOR THROWING EVENTS

Category	Event	Female	Male
Pee Wee	Shot	2kg	2kg
	Discus	750g	750g
	Javelin	400g	400g
	Softball	P	P
Bantam	Shot	3kg	3kg
	Discus	750g	750g
	Javelin	400g	400g
	Softball	P	P
	Hammer	3kg	3kg
Midget	Shot	3kg	4kg
	Discus	1kg	1kg
	Javelin	500g	600g
	Hammer	3kg	4kg
Youth	Shot	3kg	5kg
	Discus	1kg	1.5kg
	Javelin	500g	700g
	Hammer	3kg	5kg
Junior	Shot	4kg	6kg
	Discus	1kg	1.75kg
	Javelin	600g	800g
	Hammer	4kg	6kg
Senior	Shot	4kg	7.26kg
	Discus	1kg	2kg
	Javelin	600g	800g
	Hammer	4kg	7.26kg

INDOOR EVENTS

	Atom		Pee Wee		Bantam		Midget		Youth		Junior		Senior	
	F	M	F	M	F	M	F	M	F	M	F	M	F	M
60m	+	+	+	+	X	X	X	X	X	X	X	X	X	X
150m	+	+	+	+	X	X								
200m							X	X	X	X	X	X	X	X
300m							X	X	+	+	+	+	+	+
400m									X	X	X	X	X	X
600m	+	+	+	+					+	+	+	+	+	+
800m					X	X	X	X	X	X	X	X	X	X
1000m	+	+	+	+					+	+	+	+	+	+
1200m					X	X	X	X						
1500m									X	X	X	X	X	X
2000m							X	X						
3000m									X	X	X	X	X	X
5000m											+	+	+	+
60m H	+	+	+	+	X	X	X	X	X	X	X	X	X	X
High Jump	+	+	+	+	X	X	X	X	X	X	X	X	X	X
Standing L	+	+	+	+	+	+								
Long Jump	+	+	+	+	X	X	X	X	X	X	X	X	X	X
Triple Jump							X	X	X	X	X	X	X	X
Pole Vault							+	+	X	X	X	X	X	X
Shot Put	+	+	+	+	X	X	X	X	X	X	X	X	X	X
Weight							+	+	X	X	X	X	X	X
Combined	Tri	Tri	Tri	Tri	Tri	Tri	Pent	Pent	Pent	Pent	Pent	Pent	Pent	Pent
(alternate)	Tet	Tet	Tet	Tet	Tet	Tet						Hept		Hept

INDOOR SPRINT HURDLE EVENTS

Category	Distance	# of Hurdles	Height	To First	Between	Run-In
Pee Wee	60m	5	low	12m	7m	13m
Bantam	60m	5	0.76m / 30"	12m	7.5m	18m
Midget Female	60m	5	0.76m / 30"	12m	8m	16m
Midget Male	60m	5	0.84m / 33"	13m	8.5m	13m
Youth Female	60m	5	0.76m / 30"	13m	8.5m	13m
Youth Male	60m	5	0.91m / 36"	13.72m	9.14m	9.72m
Junior Female	60m	5	0.84m / 33"	13m	8.5m	13m
Junior Male	60m	5	0.99m / 39"	13.72m	9.14m	9.72m
Senior Female	60m	5	0.84m / 33"	13m	8.5m	13m
Senior Male	60m	5	1.07m / 42"	13.72m	9.14m	9.72m

INDOOR THROWING EVENTS

Category	Event	Female	Male
Pee Wee	Shot	2kg	2kg
Bantam	Shot	3kg	3kg
Midget	Shot	3kg	4kg
	Weight	7.26kg / 16#	7.26kg / 16#
Youth	Shot	3kg	5kg
	Weight	7.26kg / 16#	9.08kg / 20#
Junior	Shot	4kg	6kg
	Weight	9.08kg / 20#	11.34kg / 25#
Senior	Shot	4kg	7.26kg
	Weight	9.08kg / 20#	15.88kg / 35#

OUTDOOR COMBINED EVENT SPECIFICATIONS

Pee Wee	Tetrathlon	1	60m / LJ / SP / 600m
Bantam	Tetrathlon	1	80m / LJ / SP / 800m
Midget Female	Pentathlon	1	80mH / HJ / SP / LJ / 800m
Midget Male	Pentathlon	1	100mH / LJ / SP / HJ / 1000m
Youth Female	Heptathlon	2	Day 1 - 100mH / HJ / SP / 200m; Day 2 - LJ / JT / 800m
Youth Male	Decathlon	2	Day 1 - 100m / LJ / SP / HJ / 400m; Day 2 - 110mH / DT / PV / JT / 1500m
Junior Female	Heptathlon	2	Day 1 - 100mH / HJ / SP / 200m; Day 2 - LJ / JT / 800m
Junior Male	Decathlon	2	Day 1 - 100m / LJ / SP / HJ / 400m; Day 2 - 110mH / DT / PV / JT / 1500m
Senior Female	Heptathlon	2	Day 1 - 100mH / HJ / SP / 200m; Day 2 - LJ / JT / 800m
Senior Male	Decathlon	2	Day 1 - 100m / LJ / SP / HJ / 400m; Day 2 - 110mH / DT / PV / JT / 1500m

INDOOR COMBINED EVENT SPECIFICATIONS

Pee Wee	Triathlon	1	60m / HJ / 600m or LJ / SP / 600m
Pee Wee	Tetrathlon	1	60m / LJ / SP / 600m
Bantam	Triathlon	1	60m / HJ / 800m or LJ / SP / 800m
Bantam	Tetrathlon	1	60m / LJ / SP / 800m
Midget Female	Pentathlon	1	60m / HJ / SP / LJ / 800m
Midget Male	Pentathlon	1	60m / LJ / SP / HJ / 1000m
Youth Female	Pentathlon	1	60mH / HJ / SP / LJ / 800m
Youth Male	Pentathlon	1	60mH / LJ / SP / HJ / 1000m
Junior Female	Pentathlon	1	60mH / HJ / SP / LJ / 800m
Junior Male	Pentathlon	1	60mH / LJ / SP / HJ / 1000m
	Heptathlon	2	Day 1 - 60m / LJ / SP / HJ; Day 2 - 60mH / PV / 1000m
Senior Female	Pentathlon	1	60mH / HJ / SP / LJ / 800m
Senior Male	Pentathlon	1	60mH / LJ / SP / HJ / 1000m
	Heptathlon	2	Day 1 - 60m / LJ / SP / HJ; Day 2 - 60mH / PV / 1000m

Masters Hurdles Women

Age Groups	Race Distance	Hurdle Height	Number of Hurdles	Distance To First	Distance Between	To Finish
------------	---------------	---------------	-------------------	-------------------	------------------	-----------

INDOOR

W35-39	60m	.840m (33")	5	13m	8.5m	13m
W40-49	60m	.762m (30")	5	12m	8m	16m
W50-59	60m	.762m (30")	5	12m	7m	20m
W60+	60m	.686m (27")	5	12m	7m	20m

OUTDOOR SHORT

W35-39	100m	.840m (33")	10	13m	8.5m	10.5m
W40-49	80m	.762m (30")	8	12m	8m	12m
W50-59	80m	.762m (30")	8	12m	7m	19m
W60+	80m	.686m (27")	8	12m	7m	19m

OUTDOOR LONG

W35-49	400m	.762m (30")	10	45m	35m	40m
W50-59	300m	.762m (30")	7	50m	35m	40m
W60-69	300m	.686m (27")	7	50m	35m	40m
W70+	200m	.686m (27")	5	20m	35m	40m

STEEPLECHASE

W35+	2000m	.762m (30")	18 barriers & 5 water jumps
------	-------	-------------	-----------------------------

Masters Hurdles Men

Age Groups	Race Distance	Hurdle Height	Number of Hurdles	Distance To First	Distance Between	To Finish
------------	---------------	---------------	-------------------	-------------------	------------------	-----------

INDOOR

M35-49	60m	.991m (39")	5	13.72m	9.14m	9.72m
M50-59	60m	.914m (36")	5	13m	8.5m	13m
M60-69	60m	.840m (33")	5	12m	8m	16m
M70-79	60m	.762m (30")	5	12m	7m	20m
M80+	60m	.686m (27")	5	12m	7m	20m

OUTDOOR SHORT

M35-49	110m	.991m (39")	10	13.72m	9.14m	14.02m
M50-59	100m	.914m (36")	10	13m	8.5m	10.5m
M60-69	100m	.840m (33")	10	12m	8m	16m
M70-79	80m	.762m (30")	8	12m	7m	19m
M80+	80m	.686m (27")	8	12m	7m	19m

OUTDOOR LONG

35-49	400m	.914m (36")	10	45m	35m	40m
M50-59	400m	.840m (33")	10	45m	35m	40m
M60-69	300m	.762m (30")	7	50m	35m	40m
M70-79	300m	.686m (27")	7	50m	35m	40m
M80 +	200m	.686m (27")	5	20m	35m	40m

STEEPLECHASE

M35-59	3000m	.914m (36")	28 barriers &	7 water jumps
M60+	2000m	.762m (30")	18 barriers &	5 water jumps

Masters Throwing Implements

WOMEN Age	Hammer	Shot Put	Discus	Javelin	Weight
W35-49	4K	4K	1.0K	600G	9.08K (20#)
W50-59	3K	3K	1.0K	500G	7.26K (16#)
W60-74	3K	3K	1.0K	400G	5.45K (12#)
W75+	2K	2K	.75K	400G	4.00K (8.9#)
MEN					
M35-49	7.26K (16#)	7.26K (16#)	2.0K	800G	15.88K (35#)
M50-59	6K	6K	1.5K	700G	11.34K (25#)
M60-69	5K	5K	1.0K	600G	9.08K (20#)
M70-79	4K	4K	1.0K	500G	7.26K (16#)
M80+	3K	3K	1K	400G	5.45K (12#)

